

# STANTON 5K RUN/WALK

AND

# 1K FUN RUN

OLD FASHIONED DAYS



**Hosted by: Stanton Lions Club**

*Proceeds will go toward community efforts such as the purchase of glasses & hearing aids for the area's financially disadvantaged.*

**WHO:** 5K—runners & walkers of all ages  
1K—children ages 10 and under  
(250 meter option for little ones)

**WHEN:** Saturday, August 15, 2015  
Check In from 7:15 A.M. to 7:55 A.M.  
5K starts at 8:00 A.M., 1K will follow

**WHERE:** Intersection of E. Main Street  
& Fred Meijer Heartland Trail

**ROUTE:** 5K—[www.mapmyrun.com/routes/view/483886036](http://www.mapmyrun.com/routes/view/483886036)  
1K—[www.mapmyrun.com/routes/view/746271607](http://www.mapmyrun.com/routes/view/746271607)

**AWARDS:** Presentation at conclusion of event  
Based on age & gender categories

**COST:** 5K—\$20 with pre-registration; \$25 on race day  
\$100 max for families of 5+ members  
1K—\$5 per child; \$10 max for families with 2+ children

**Note:** T-shirts are not guaranteed for registrations postmarked after July 31 or for race day registrations.

**MORE INFORMATION:** Call Larry Beardslee at (989) 291-5561  
or visit [www.facebook.com/groups/Stanton5K](http://www.facebook.com/groups/Stanton5K)

NAME \_\_\_\_\_ AGE \_\_\_\_\_

PHONE \_\_\_\_\_ GENDER M / F

ADDRESS \_\_\_\_\_

**CIRCLE RACE AND SHIRT SIZE BELOW:**

<b>RACE</b>	5K Run/Walk	1K Fun Run
<b>SHIRT SIZE</b>	Youth: XS <sub>(2/4)</sub> S <sub>(6/8)</sub> M <sub>(10/12)</sub> L <sub>(14/16)</sub> XL <sub>(18/20)</sub>	
	Adult: XS S M L XL 2XL	

**MAKE CHECK OR MONEY ORDER PAYABLE TO:**

Stanton Lions Club

**MAIL TO:** Larry Beardslee  
550 S. Holland Lake Dr.  
Sheridan, MI 48884

**WAIVER:** (signature indicating waiver has been read, understood, & accepted is required for participation)

I do hereby absolve the Stanton Old Fashioned Days Committee Inc., the City of Stanton, and Stanton Lions Club, including any members, representatives, or employees affiliated with these organizations/agencies, along with all race sponsors, volunteers, officials, and organizers, from all claims of liability, injury, loss or damage of any kind to myself or any minor child I am responsible for, arising from participation in the Stanton 5K Walk/Run or Fun Run. I fully assume all risks that may occur as a result of participating in this event. I certify that I am (or my child is) physically prepared with an adequate level of fitness to participate in the event taking place on August 15, 2015.

Signed \_\_\_\_\_ Date \_\_\_\_\_  
(Parent/Guardian Signature if participant is under the age of 18)

